



13-15 MARCH 2023

BE PART OF THE AWCINSW STEEL CAP BOOT CAMP

The AWCINSW Steel Cap Boot Camp is an industry initiative driven by the AWCINSW and has been designed by industry training specialists to bring together the knowledge, skills and experience your apprentice has gained throughout their apprenticeship and putting those skills to the test!

The AWCINSW Steel Cap Boot Camp provides the opportunity to cover off any of those units of competency that your apprentice may not be exposed to, but needs to undertake in order to successfully complete their formal training.

But it is not all about putting up walls & ceilings – it's more about setting your apprentice up for success. Our Steel Cap Boot Camp will provide your apprentice with a range of experiences, from how to look after their physical and mental health, through to setting up their finances and accounts with plasterboard suppliers. There will be opportunity to meet other apprentices from around NSW and time to network with industry ambassadors. We even go on a few manufacturing tours to learn about where this plasterboard stuff all comes from!

YOUR INDUSTRY, YOUR ASSOCIATION, YOUR APPRENTICE STEEL CAP BOOT CAMP

WHAT'S ON:

DAY 1

- 6.00am Breakfast & Tool Box Talk
- 6.30am Stretching and flexibility routines designed and delivered by the Physiotherapy Association
This is designed to inform the apprentice in strategies on how to look after those shoulders, backs and other key areas of body strain to avoid long term injuries associated with wall & ceiling liners
- 7.00am Certificate III Wall & Ceiling Training – Refer to list of units covered in this steel cap boot camp
- 9.00am Morning Tea
- 9.30am Certificate III Wall & Ceiling Training
- Midday Lunch
- 12.30 Board the bus for a tour of CSR Wetherill Park. Where does this plasterboard stuff come from?
- 3.00pm Return to our Strathfield facility for dinner and our evening well being session:
"Lets talk mental health"
A mental wellbeing ambassador will talk us through the challenges of keeping our mental health in check and strengthening our approaches to this. The key message is - you are never on your own - help is out there and what you are experiencing is not uncommon in our industry.

DAY 2

- 6.00am Breakfast & Tool Box Talk
- 6.30am Stretching and flexibility routines designed and delivered by the Physiotherapy Association
- 7.00am Certificate III Wall & Ceiling Training – Refer to list of units covered in this steel cap boot camp
- 9.00am Morning Tea
- 9.30am Certificate III Wall & Ceiling Training
- Midday Lunch
- 12.30pm Board the bus for a tour of Rondo. So this is where the ceiling systems are made, and there is more!
- 3.00pm Return to our Strathfield facility for dinner and our evening well being session:
"Lets talk financial management"
An experienced wall & ceiling contractor will talk us through the challenges of keeping our finances in good order, how to best set up your accounts with suppliers and what to look out for when you become a subcontractor – how much cash flow do you really need and what happens if you don't adjust your quotes when the increase in goods rise? Sound advice from others in your industry on how they have managed to make it work when others fail.

DAY 3

- 6.00am Breakfast & Tool Box Talk
- 6.30am Stretching and flexibility routines designed and delivered by the Physiotherapy Association
- 7.00am Certificate III Wall & Ceiling Training – Refer to list of units covered in this steel cap boot camp
- 9.00am Morning Tea
- 9.30am Certificate III Wall & Ceiling Training
- Midday Lunch, industry networking session and the opportunity to shine a light on choosing a career in the wall & ceiling industry
Meet your industry association representatives and other successful wall & ceiling liners to hear their journey on how and where they made their wall & ceiling career a success
On site visits from school students who are undertaking construction in years 10, 11 & 12
Here is the opportunity for you to demonstrate your skills and share your experiences with school students who are undertaking construction in years 10, 11 & 12.
You get to tell them your journey of how, why and when you became a wall & ceiling liner.
This is your chance to shine a light on the benefits of becoming a wall & ceiling liner.
Next gen to Next gen.
- Master V Apprentice Speed Challenge
To wrap up your 3 days of hard work, we are looking forward to giving our apprentices a chance to team together to challenge the skills of the AWCINSW Trainer & Assessors in a Master V Apprentice speed challenge!
This team building exercise will test both the Master & the Apprentice in a course of speed plastering – an entertaining and fun final wrap of your 3 day Steel Cap Boot Camp.
- Evening Final Boot Camp Dinner, presentation of certificates Close of Steel Cap Boot Camp



MORE INFO:

Units of Competency will include:

- ▶ Assemble Partitions
- ▶ Install Suspended Ceilings
- ▶ Working safely at heights
- ▶ Erect and dismantle restricted height scaffolding
- ▶ Apply basic levelling procedures
- ▶ Install dry wall passive fire-rated systems
- ▶ Install ceiling insulation products
- ▶ Install bulk insulation and pliable membrane products

What do I need to know?

Where: AWCINSW Training Facility – 6 Gould Street Strathfield South

I don't live in Sydney, where can I stay? The IBIS Budget Accommodation is conveniently located across the road. It's well priced and very convenient to our training facility. IBIS https://all.accor.com/hotel/2691/index.en.shtml?utm_campaign=seo+maps&utm_medium=seo+maps&utm_source=google+Maps

What is included?

- ▶ AWCINSW provide apprentices from Monday to Wednesday a Breakfast, Morning tea, lunch & dinner.
- ▶ AWCINSW provide transport to and from Strathfield to the Rondo Plant at St Mary's and the CSR Plant at Wetherill Park
- ▶ AWCINSW provide all necessary training material required to complete any of the onsite training

What do I need to provide?

We will provide you with a list of tools that you need to bring and a list of suggested clothing.
High vis shirts and steel cap boots are a must

What's not included?

Cost of travel from your home to Strathfield South

Accommodation costs

Any purchases or activities outside of the planned event (ie: purchase of alcohol or food not provided by AWCINSW)

Other critical information:

This is a work place based event, so work place rules apply – WHS at all times, respect for your fellow workmates and all AWCINSW staff, drugs and alcohol not permitted on site.

I'm an employer – I like the look of the Steel Cap Boot Camp, can I come along?

ABSOLUTELY – Join us at any time - We want our apprentice employers to see how AWCINSW are taking your apprentice to the next level! We are not just another training provider.

It's your industry, your training provider & all of our future wall & ceiling industry.



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