



17-19 NOVEMBER 2025

BE PART OF THE AWCINSW STEEL CAP BOOT CAMP

The AWCINSW Steel Cap Boot Camp is an industry initiative driven by the AWCINSW and has been designed by industry training specialists to bring together the knowledge, skills and experience your apprentice has gained throughout their apprenticeship and putting those skills to the test!

The AWCINSW Steel Cap Boot Camp provides the opportunity to cover off any of those units of competency that your apprentice may not be exposed to, but needs to undertake in order to successfully complete their formal training.

But it is not all about putting up walls & ceilings – it's more about setting your apprentice up for success.

Our Steel Cap Boot Camp will provide your apprentice with a range of experiences, from how to look after their physical and mental health, through to setting up their finances and accounts with plasterboard suppliers. There will be opportunity to meet other apprentices from around NSW and time to network with industry ambassadors. We even go on a few manufacturing tours to learn about where this plasterboard stuff all comes from!

YOUR INDUSTRY, YOUR ASSOCIATION, YOUR APPRENTICE STEEL CAP BOOT CAMP

WHAT'S ON:

DAY 1

- 6.00am Breakfast & Tool Box Talk
- 6.30am Stretching & Flexibility Session
Delivered by the Physiotherapy Association
Strategies to look after shoulders, backs, and other key areas to prevent long-term injury in wall & ceiling lining.
- 7.00am Certificate III Wall & Ceiling Training
Refer to list of units covered in this boot camp
- 9.00am Morning Tea
- 9.30am Certificate III Wall & Ceiling Training
- 12.00pm Lunch
- 12.30pm Certificate III Wall & Ceiling Training
- 3.00pm Dinner & Wellbeing Session
"Let's Talk Mental Health"
A mental wellbeing ambassador will discuss strategies for keeping mental health in check, building resilience, and knowing you're never on your own – support is always available.

DAY 2

- 6.00am Breakfast & Toolbox Talk
- 6.30am Stretching & Flexibility Session
Delivered by the Physiotherapy Association
- 7.00am Certificate III Wall & Ceiling Training
- 9.00am Morning Tea
- 9.30am Certificate III Wall & Ceiling Training
- 12.00pm Lunch
- 12.30pm Bus Tour to **Knauf**
See where plasterboard is made – and more!
- 3.00pm Return to Norwest Facility – Dinner & Wellbeing Session
"Let's Talk Financial Management"
An experienced wall & ceiling contractor shares practical advice on setting up accounts, managing cash flow, quoting correctly as costs rise, and succeeding where others fail.

DAY 3

- 6.00am Breakfast & Toolbox Talk
- 6.30am Stretching & Flexibility Session
Delivered by the Physiotherapy Association
- 7.00am Certificate III Wall & Ceiling Training
- 9.00am Morning Tea
- 9.30am Certificate III Wall & Ceiling Training
- 12.00pm Lunch & Industry Networking

Apprentices introduction to School Students (Year 9 to Year 12)
Meet your industry association representatives and successful wall & ceiling liners. Hear their career journeys and insights. On-site visits from high school students (Years 9–12) – apprentices will have the chance to share their experiences and inspire the next generation.

- 3.00pm Finish at Boot Camp



MORE INFO:

Units of Competency will include:

- ▶ Assemble Partitions
- ▶ Install Suspended Ceilings
- ▶ Working safely at heights
- ▶ Erect and dismantle restricted height scaffolding
- ▶ Apply basic levelling procedures
- ▶ Install dry wall passive fire-rated systems
- ▶ Install ceiling insulation products
- ▶ Install bulk insulation and pliable membrane products

Key Information:

Where: AWCINSW – 5 Burbank Place, Norwest

Accommodation Options:

Our training facility at 5 Burbank Pl has onsite parking. It is also very easy to get to and from using Sydney's Metro Public Transport system. Some budget accommodation options are:

Ibis Wentworthville – 15k from Norwest (you will need a car to get to Norwest)
Quest Apartments Castle Hill – 3k from Norwest

What is included:

- ▶ Breakfast, morning tea, lunch & dinner (Monday–Wednesday)
- ▶ Transport to and from Norwest and Knauf
- ▶ All training materials required for onsite training

What you need to bring:

- ▶ We will provide you with a list of tools that you need to bring and a list of suggested clothing
- ▶ High-vis shirts & steel cap boots (**mandatory**)

What's not included:

- ▶ Travel from home to Norwest
- ▶ Travel and Accommodation costs
- ▶ Personal purchases or activities outside the program (e.g., alcohol, extra meals)

Other critical information:

- ▶ This is a workplace-based event – WHS rules apply at all times
- ▶ Respect for fellow apprentices, employers, and AWCINSW staff is expected
- ▶ No drugs or alcohol permitted onsite

I'm an employer – I like the look of the Steel Cap Boot Camp, can I come along?

ABSOLUTELY – Join us at any time – we want our apprentice Employers to see how AWCINSW are taking your apprentice to the next level! We are not just another training provider. It's your industry, your training provider and all of our future wall and ceiling industry.



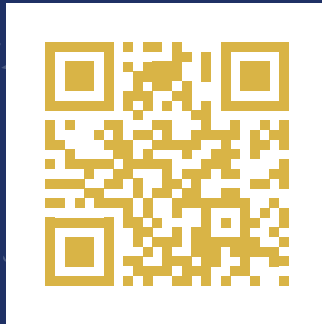
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SUPPORTED BY:



Peak Life Matrix
Mobile Movement Coaching



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